



Music Virtual Learning

8th Grade Orchestra

May 6, 2020



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Lesson: May 6th, 2020


Objective/Learning Target:

Students will think about how music affects our emotions.


Warm-Up



Relaxed Bows



For this exercise
you need your bow
and a toilet paper
tube



Check out this jelly fish live
webcam!

<https://www.youtube.com/watch?v=2gHKDHmgVIU>

Lesson



Music and the Brain

Music and the brain

Playing and listening to music works several areas of the brain

Corpus callosum:

Connects both sides of the brain

Motor cortex:

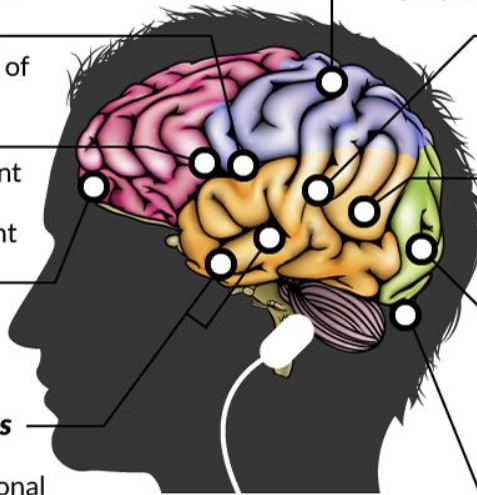
Involved in movement while dancing or playing an instrument

Prefrontal cortex:

Controls behavior, expression and decision-making

Nucleus accumbens and amygdala:

Involved with emotional reactions to music



Sensory Cortex:

Controls tactile feedback while playing instruments or dancing

Auditory cortex:

Listens to sounds; perceives and analyzes tones

Hippocampus:

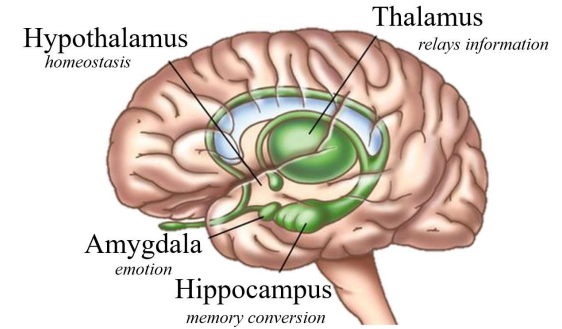
Involved in music memories, experiences and context

Visual Cortex:

Involved in reading music or looking at your own dance moves

Cerebellum:

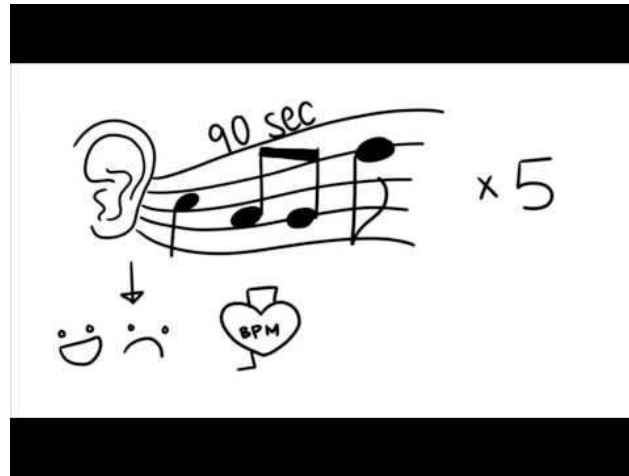
Involved in movement while dancing or playing an instrument, as well as emotional reactions



Music and the Brain

- Music affects our mood.
- We grow up with sound and music, so it becomes part of us.
- Right hemisphere of the brain is mostly activated when we are listening to a song we find emotional.
- Our emotional reaction to music activates a population of brain cells called mirror neurons. These cells help us empathize with the emotion of the music and then triggers the limbic system which is the emotional hub of the brain.
- Another theory states that through auditory stimulation, music can drive neurons to fire at a specific rate -- as though our brains are resonating to a beat -- that sets our overall mood.

Watch the following video that explains how music affects our emotions



★ DESCRIBING OUR EMOTIONS AS WE LISTEN TO MUSIC CAN BE AN IMPORTANT ASPECT OF OUR EXPERIENCE.

★ HAVING TROUBLE THINKING OF THE RIGHT WORD?

LET'S LOOK AT THE FOLLOWING CHART



English Study Here

FEELING WORDS

ANGER	HAPPY	SAD	CONFUSION	ENERGIZED	STRONG
Annoyed	Amused	Depressed	Uncertain	Determined	Sure
Agitated	Delighted	Desperate	Upset	Inspired	Certain
Fed up	Glad	Dejected	Doubtful	Creative	Unique
Irritated	Pleased	Heavy	Uncertain	Healthy	Dynamic
Mad	Charmed	Crushed	Indecisive	Renewed	Tenacious
Critical	Grateful	Disgusted	Perplexed	Vibrant	Hardy
Resentful	Optimistic	Upset	Embarrassed	Strengthened	Secure
Disgusted	Content	Hateful	Hesitant	Motivated	Empowered
Outraged	Joyful	Sorrowful	Shy	Focused	Ambitious
Raging	Enthusiastic	Mournful	Lost	Invigorated	Powerful
Furious	Loving	Weepy	Unsure	Refreshed	Confident
Livid	Marvelous	Frustrated	Pessimistic		Bold
Bitter			Tense		Determined

www.englishstudyhere.com

Let's Practice

Make sure to click the audio button to hear the musical example.

Looks like this:



Song #1: What emotion(s) do you feel?



FEELING WORDS

ANGER

Annoyed
 Agitated
 Fed up
 Irritated
 Mad
 Critical
 Resentful
 Disgusted
 Outraged
 Raging
 Furious
 Livid
 Bitter

HAPPY

Amused
 Delighted
 Glad
 Pleased
 Charmed
 Grateful
 Optimistic
 Content
 Joyful
 Enthusiastic
 Loving
 Marvelous

SAD

Depressed
 Desperate
 Dejected
 Heavy
 Crushed
 Disgusted
 Upset
 Hateful
 Sorrowful
 Mournful
 Weepy
 Frustrated

CONFUSION

Uncertain
 Upset
 Doubtful
 Uncertain
 Indecisive
 Perplexed
 Embarrassed
 Hesitant
 Shy
 Lost
 Unsure
 Pessimistic
 Tense

ENERGIZED

Determined
 Inspired
 Creative
 Healthy
 Renewed
 Vibrant
 Strengthened
 Motivated
 Focused
 Invigorated
 Refreshed

STRONG

Sure
 Certain
 Unique
 Dynamic
 Tenacious
 Hardy
 Secure
 Empowered
 Ambitious
 Powerful
 Confident
 Bold
 Determined



Song #2: What emotion(s) do you feel?



FEELING WORDS

ANGER

Annoyed
 Agitated
 Fed up
 Irritated
 Mad
 Critical
 Resentful
 Disgusted
 Outraged
 Raging
 Furious
 Livid
 Bitter

HAPPY

Amused
 Delighted
 Glad
 Pleased
 Charmed
 Grateful
 Optimistic
 Content
 Joyful
 Enthusiastic
 Loving
 Marvelous

SAD

Depressed
 Desperate
 Dejected
 Heavy
 Crushed
 Disgusted
 Upset
 Hateful
 Sorrowful
 Mournful
 Weepy
 Frustrated

CONFUSION

Uncertain
 Upset
 Doubtful
 Uncertain
 Indecisive
 Perplexed
 Embarrassed
 Hesitant
 Shy
 Lost
 Unsure
 Pessimistic
 Tense

ENERGIZED

Determined
 Inspired
 Creative
 Healthy
 Renewed
 Vibrant
 Strengthened
 Motivated
 Focused
 Invigorated
 Refreshed

STRONG

Sure
 Certain
 Unique
 Dynamic
 Tenacious
 Hardy
 Secure
 Empowered
 Ambitious
 Powerful
 Confident
 Bold
 Determined



Song #3: What emotion(s) do you feel?



FEELING WORDS

ANGER

Annoyed
 Agitated
 Fed up
 Irritated
 Mad
 Critical
 Resentful
 Disgusted
 Outraged
 Raging
 Furious
 Livid
 Bitter

HAPPY

Amused
 Delighted
 Glad
 Pleased
 Charmed
 Grateful
 Optimistic
 Content
 Joyful
 Enthusiastic
 Loving
 Marvelous

SAD

Depressed
 Desperate
 Dejected
 Heavy
 Crushed
 Disgusted
 Upset
 Hateful
 Sorrowful
 Mournful
 Weepy
 Frustrated

CONFUSION

Uncertain
 Upset
 Doubtful
 Uncertain
 Indecisive
 Perplexed
 Embarrassed
 Hesitant
 Shy
 Lost
 Unsure
 Pessimistic
 Tense

ENERGIZED

Determined
 Inspired
 Creative
 Healthy
 Renewed
 Vibrant
 Strengthened
 Motivated
 Focused
 Invigorated
 Refreshed

STRONG

Sure
 Certain
 Unique
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Review

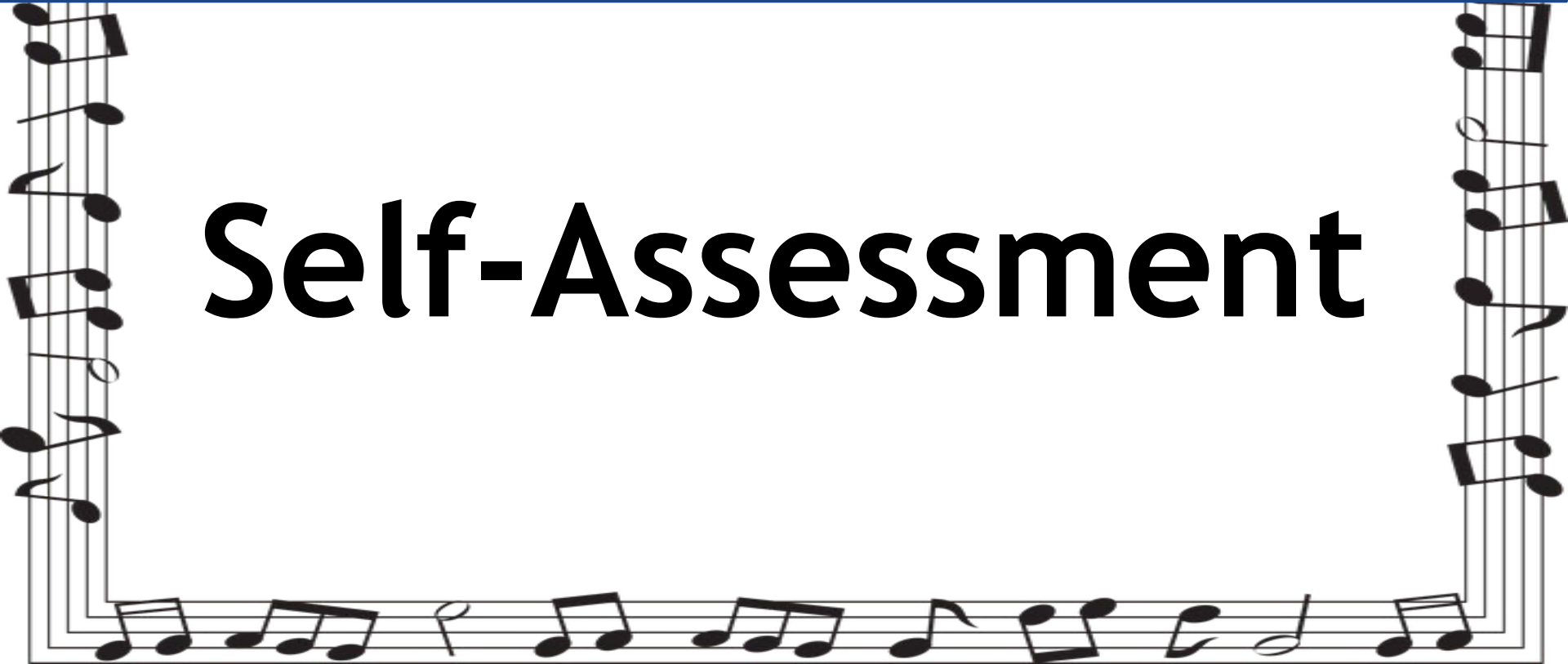


- ❖ Music composers of the 1600's wrote music that could evoke certain emotions. This was called the *Doctrine of Affections*.
- ❖ Music continues to affect our emotions as we go through various life experiences.
- ❖ We now have technology that allows us to track brain activity as we listen to music and how it impacts our emotions.



Charles Le Brun: *The Expressions*

Self-Assessment



Create Emotional Playlists on Youtube

What songs would you put when you are feeling:

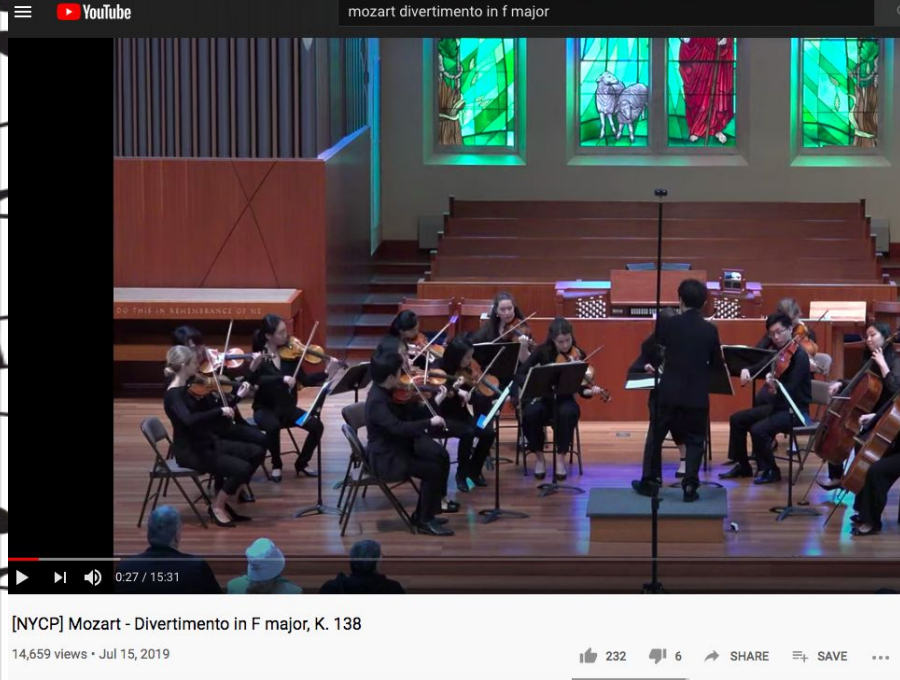
★ HAPPY

★ SAD

★ UPSET

★ UPLIFTED

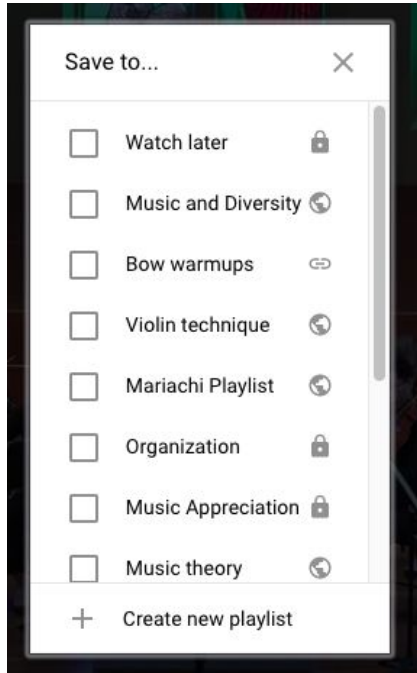
★ ETC.



Here is how to do
it on Youtube
Click on
Save under
video



+ Create new playlist



Once you click
save, go to the
bottom and click
new playlist



Name your
playlist and you
can choose your
privacy settings
as public,
unlisted, or
private.

Name
Happy Songs

11/150

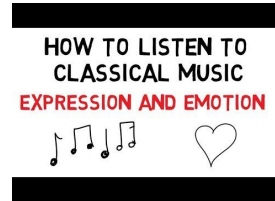
Privacy
Unlisted

CREATE

Additional Materials



1. HOW TO LISTEN TO CLASSICAL MUSIC:
EXPRESSION & EMOTION



2. HOW PIXAR USES MUSIC TO MAKE YOU CRY



3. WHY DOES MUSIC MAKES US EMOTIONAL?

